

Dr. Prism S. Schneider

“Validation of a Self-Administered Outcome Measure for Young Patients With Hip Trauma”

Traumatic hip injuries often occur in young, active patients, who expect a full recovery, including return to their work and extra-curricular activities. The Canadian Orthopaedic Trauma Society Hip Outcome Score (COTS-H) is a self-administered questionnaire that was designed to assess surgical outcomes, patient satisfaction, and return to pre-injury activity for young patients following hip trauma. This study will validate the COTS-H tool, so that it may be used to help enhance the health of young Canadians with traumatic hip injuries by improving our surgical treatment decisions, post-injury rehabilitation, and information for counselling patients.