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“Shoulder instability Trial comparing Arthroscopic stabilization Benefits compared with Latarjet procedure Evaluation (STABLE)”

The shoulder is the most commonly dislocated joint in the body, and shoulder dislocations often become a recurring problem. Surgical treatment aims at stabilizing the shoulder, however, the ideal procedure for many of these cases remains unknown. This study will compare the two most common surgical treatments to provide physicians treating this condition with a definitive answer as to the best treatment for recurring shoulder dislocations.